THE COOL WAY TO SAY GOODBYE TO STUBBORN FAT.

A revolutionary non-surgical body contouring treatment
CoolSculpting® is the only non-surgical body contouring treatment that uses patented cooling technology to eliminate stubborn fat. Patients see undeniable results in the treated area with little to no downtime.
THE COOLSCULPTING® DIFFERENCE.

There are several fat-reduction procedures out there, but only CoolSculpting is proven to deliver safe, predictable and natural results in as little as one treatment.

» FDA-cleared
» No needles
» No anesthesia
» No pain medication
» Little to no downtime
» No special diets
» Lasting results
» Clinically proven
» How cool is that?

CLINICAL RESULTS

Pre-Procedure Baseline Ultrasound Image

120 Day Post-Procedure Ultrasound Image

Documented fat reduction in as little as one treatment

1 Data on file at ZELTIQ®
The revolutionary technology behind CoolSculpting® was born from the simple observation that children who ate a lot of popsicles had dimpling in their cheeks due to a loss of fat from the excessive exposure to cold.¹

This idea led to the innovative cooling process developed by scientists at the Wellman Center for Photomedicine at Massachusetts General Hospital in Boston, a teaching affiliate of Harvard Medical School.

Mother Nature, lifestyle or gravity. No matter the culprit, many of us have bulges of stubborn fat.

Those unwanted bulges contain fat cells which can be resistant to diet and exercise, but not to CoolSculpting.

CoolSculpting uses controlled cooling to target and crystallize fat cells.

Crystallized fat cells gradually die off, then are naturally eliminated from your body.

In the weeks and months following treatment, remaining fat cells condense, reducing the fat layer.

CoolSculpting lets you say goodbye to stubborn fat.
YOUR TREATMENT DAY.

» Your practitioner implements the treatment plan you developed together during your consultation.

» An applicator is applied to the targeted area where tissue is drawn into a vacuum cup and controlled cooling is delivered to the targeted fat.

» During treatment, you can read, work on your laptop, or simply relax.

Through the cooling process, lipids inside fat cells (triglycerides) will crystallize, triggering natural cell death.
Most patients can return to their normal activities immediately after CoolSculpting®.

Changes may be seen as early as three weeks after your treatment with the most dramatic results after one to three months.

Weight gain will prevent you from appreciating your full results. Maintaining a healthy diet and exercise routine after CoolSculpting can help prevent this.

9 out of 10 people had an undeniable reduction of fat after just one treatment.*

SEE WHAT PATIENTS ARE SAYING.

“I haven’t had a two-piece on in years and I can walk around with it on and feel confident. CoolSculpting® is probably one of the best things I’ve ever done.”
– Paige

“I feel like I’ve finally gotten back the body I had 15 years ago when I was in college.”
– Stacie

“I got results that I haven’t been able to achieve from years of working out.”
– Jason
get rid of your muffin top
look better in your skinny jeans

THE UNDENIABLE RESULTS.

BEFORE

30 DAYS AFTER
ONE COOLSCULPTING® TREATMENT
Procedure by Dr. Fardad Forouzanpour
THE UNDENIABLE RESULTS.

BEFORE

120 DAYS AFTER
ONE COOLSCULPTING® TREATMENT
Procedure by Grant Stevens, MD

BEFORE

60 DAYS AFTER
ONE COOLSCULPTING TREATMENT
Procedure by Charles Mok, DO

reclaim the real you

Get the Skinny  How CoolSculpting Works  What You Can Expect  Undeniable Results  In the Media
THE UNDENIABLE RESULTS.

Get your body back

How CoolSculpting Works

What You Can Expect

Undeniable Results

In the Media

Get the Skinny
THE UNDENIABLE RESULTS.

BEFORE

90 DAYS AFTER
ONE COOLSCULPTING® TREATMENT
Procedure by Flor A. Mayoral, MD

90 DAYS AFTER
TWO COOLSCULPTING TREATMENTS

BEFORE

150 DAYS AFTER
ONE COOLSCULPTING TREATMENT

30 DAYS AFTER
TWO COOLSCULPTING TREATMENTS
Procedure by Kathleen Welsh, MD

Get the Skinny  How CoolSculpting Works  What You Can Expect  Undeniable Results  In the Media
THE UNDENIABLE RESULTS.

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the results are long lasting

Before:

60 Days After:
ONE COOLSCULPTING® TREATMENT
(Single Side Treatment)

2 Years After:
ONE COOLSCULPTING TREATMENT
+10 POUNDS
(Single Side Treatment)
Procedure by Eric Bernstein, MD

Get the Skinny
How CoolSculpting Works
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THE UNDENIABLE RESULTS.

BEFORE

90 DAYS AFTER
ONE COOLSCULPTING® TREATMENT
Procedure by Madeline Krauss, MD

BEFORE

60 DAYS AFTER
TWO COOLSCULPTING TREATMENTS
Procedure by Leyda E. Bowes, MD

lose those love handles
THE BUZZ ABOUT COOLSCULPTING®.

CoolSculpting has been getting plenty of attention. See what all the excitement is about.
MORE MEDIA BUZZ.

Get the Skinny
How CoolSculpting Works
What You Can Expect
Undeniable Results
In the Media
With more than 230,000 treatments performed worldwide, CoolSculpting® is proven, safe and effective for getting you back the body you deserve. Ask us if CoolSculpting is right for you.

Typical side effects include deep pulling, tugging, pinching, pain and numbness during the procedure. After the procedure, temporary redness, swelling, bruising, firmness, numbness, tingling, stinging and pain may occur. CoolSculpting is not for everyone. You should not have CoolSculpting if you suffer from cryoglobulinemia or paroxysmal cold hemoglobinuria. CoolSculpting is not a treatment for obesity. As with any medical procedure, consult your physician to determine if CoolSculpting is right for you.

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coolsculpting.com

The CoolSculpting Procedure for non-invasive fat layer reduction is available worldwide.

Disclaimer: In the U.S., non-invasive fat reduction is cleared only for the flank (love handle).

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The products described in this document may be covered by U.S. Patent 7,367,341. Other patents and patent applications pending worldwide. Results and patient experience may vary. Consult your physician.